

559-967

Conditioning Strength & 9am-10am FREE

MONDAY

TUESDAY

WEDNESDAY

\$4 PER CLASS 1PM-2:30PM TIM-INSTR.

YOGA

Bridge Friendly 12pm-2:30pm

Games No.

Instructor

10am-4:30pm

Computer/Cel

10am-4:00pm

Computer Open

Computer

Open

License # \$1051 25 CENTS CARD BAM-IZPM BINGO

9:00AM-2:00PM

QUILTING

KNITTING&

\$4 PER CLASS

Current Event

POKER FRIENDLY INSTRUCTOR 11:45AM-1PM **GAMES NO** TIM-INSTR. 1PM-4PM

Every last Wed. of Phones 101 the month **Movie Day** 2-2:45pm Free

YOGA

THURSDAY

9:30AM-11AM \$4 PER CLASS TIM-INSTR.

Library 10am-2pm Line Dancing with Rene Holiday Discussions

Open Computer 10am-4:30pm 1pm

General Members Thurs, of month Mtg. every 3rd

ACTING CLASS

STOP SENIOR **SCAMS FREE 11AM-1PM**

POKER FRIENDLY INSTRUCTOR **GAMES NO** 1PM-4PM

10am-4:00pm Computer Open

FRIDAY

TRIPS

Jazz Festival 2:30-7:30pm 11/17/23

Holiday Show 12/04/23 \$45.00

Nov. 16, 1:00pm *Special Guest Speakers Meeting

Jennifer Hudson

Mon-Fri

LACMA Museum/ 10:30-4:30 11/02/23

2)The Grand Hotel

General Members **Facility Closed**

11/10/23

& 11/23-11/24 Jewish Family **Hot Meals** Service



Registration required for all programming Schedule time and dates subject to change.